



# Annual Report 2022-23

## BAL VIKAS DHARA

“In 2023 Bal Vikas Dhara is going to complete its 30 years of journey. These three decades BVD focused on empowerment of marginalized and vulnerable groups of society like women, children, Domestic workers, rag pickers and people living below poverty line. This journey of 30 years seems very tough while fighting with injustice and challenging situations, but it gives a sanity feeling when you see the smile and happiness in their lives because of our organization's and our companion's hard work.



In 2022 we have achieved so many milestones and initiated several projects in Delhi, Haryana and Bihar for the upliftment of the marginalized mainly children. In collaboration and with support of Kailash Satyarthi Children's Foundation US, Raid & Rescue of trafficked children initiative took a new turn. We have successfully rescued and saved 315 children's lives from the menace of trafficking. Also, we have started working at grass-root cause of the problem of trafficking in remote areas of Bihar. Our team working 24X7 for the safety and security of children from initial stage till the end result including their rehabilitation. Working together for their prevention of re-trafficking whether it will be through linking them with welfare schemes or through placing them into formal education system along with skill development courses for their secure future.

I have started this organization with the aim of dedicating my life for those people who are in need of guidance and support. In this journey there were a lot of people came and took different paths as per the requirement of their lives, some of them still come and visit the centres we are running and remember those days when protesting with union workers and labourers for their rights was the only aim. With empty stomach and thirsty throat we have covered miles to achieve only one



aim, ‘Upliftment and empowerment of the marginalized and giving them equal rights like any other normal human being’.

But today I can proudly say that those challenging situations gave us the vision and my fellow companions gave us the strength to fight all the odds and achieved what we are today. We are working directly with 15000 people in 12-15 urban slum areas and we are playing an important role in policy making of this country for the waste pickers, waste management and mainly for child rights.

I request all the team workers and my fellow companions in this journey to give their best and bring all the people together so that we can end this menace one day and there will be no need of us to work for them.”

**Debendra Kumar Baral**  
**President**



“We are extremely happy to present Annual report of Bal Vikas Dhara for the financial year 2022-23. Bal Vikas Dhara is, successfully, working for children’s right and encourages efforts of women for their empowerment, providing services to youth for their skill development. Whatever is achieved by BVD, till now, that is only because of our staffs’ hard work and support of the community. Hope staffs, community people, partners and all associates will continue to give their support, time and hard work for the welfare of society as a whole and we will be able to make child friendly society and able to ensure equal rights to all based on social justice.”

**Dr. Bharat Singh**  
**General Secretary**



## About the Organization

Bal Vikas Dhara (BVD) is a Non-Governmental Organization registered under Society Registration Act, 1860 in 1993. BVD has been working in Delhi, Gurugram and Bihar for women empowerment, child development, child rights, livelihood, and skills development for the last 30 years. The organization's focus had initially been on the children engaged in exploitative labour. Later, the organization extensively worked for the education of the children from the waste-picking community (Rag Pickers) through access to formal and non-formal education and the welfare of their families. BVD works mainly with the marginalized section and downtrodden communities viz, waste pickers, domestic women workers, daily wage labourers, children and youth.

BVD provides the necessary training for skills development to women entrepreneurs and motivation to youth for critically analysing their problems and coming out with a suitable plan of action for their development. The trainings are entirely based on participatory learning methods. Hence, according to the local problems and issues, the development activities in the environment, health, education, collective employment etc. are undertaken. BVD has established networks with various national & international NGOs, Governments and other agencies through its hard work in the field of social development.

BVD runs more than 10 centres in Delhi NCR which includes more than 90 people of staff including contractual employees. BVD has tie-up with several companies, government departments, National and International organizations, CSR projects etc. From the last 3 decades, BVD has worked with more than 50 national and international organizations and ran several projects and BVD's presence can be seen in all the urban slums and below-poverty line population.

- **Since 1993, Bal Vikas Dhara is running multiple projects for the development and upliftment of Ragpickers community.**
- **We are directly involved with 15000 rag pickers and their families.**

There are several projects Bal Vikas Dhara is running in partnership with the following corporate partners under their CSR initiative and to rehabilitate the community people's ecosystem who belong to marginalized communities. The project's partners of Bal Vikas Dhara are as follows:-

1. Dabur India Ltd.
2. FNV Netherlands
3. Delhi State Aids Control Society
4. Kailash Satyarthi Children's Foundation US
5. Tetra Pack India Pvt. Ltd.
6. Swedish Chamber of Commerce India
7. Tech Mahindra Foundation
8. Wiego





BVD has also been engaged in research/studies in Delhi on the issues of rights of Rag pickers (2008), Domestic women workers issues (2005 and 2012), status of economically poor slum population (2009-11), Toilet facilities for girls in Primary school (2013), quality education status in India (2000), Baseline study in 2010 with Offbeat Innovations Management, Water quality in Delhi (2013) with CMS Delhi. BVD started working actively and addressing the issues by Identifying local problems, issues and needs, such as Identity, Dignity, Livelihood, Education and Health. It has also established links with various national & international NGOs, Government and other agencies. BVD also undertakes consultancy assignments and provide trainings for capacity building.

Among various activities & programs conducted includes capacity building, leadership development workshops, health awareness and basic health care services (charitable health centre run by BVD), Health camps, Facilitation of immunization, school admission, birth registration and opening accounts etc. Linking them with Govt. Schemes were also facilitated. Also, to raise their voice and problems faced by them and their rights, the organization undertook long Pad yatra (walks).

Bal Vikas Dhara has already formed Community Based Organizations like Bal Panchyat, Youth Federation, Mahila Panchayat, Domestic Women Workers Federation and Delhi Kabadi Mazdoor Sangh in our project area. Bal Vikas Dhara as per their plan and budget, it includes CBOs and community members for the effective implementation of the activities. The process of implementation has been described in five folds: BVD is working also A good initiative module of Bal Mitra Gram { Child Friendly Village } in Bihar is created with the idea of Nobel peace Award winner Mr. Kailash Satyarthi.

**BVD played key role in policy making regarding waste management and for the empowerment of rag pickers community. Collaborating with CSR to bring the livelihood facilities for the marginalized.**

## Key activities in this year

Rangpuri Pahadi has 7 habitation clusters and all together contains a total of 5925 households with total population there in being 28773 (M 12132 and F 10716). The population is migrant- 40 % from UP, 22% from Bihar and the remaining 38% from other different States. Bal Vikas Dhara is working at 32 locations in Delhi NCR with waste pickers and other marginalized population which cover 1.25 lakh of population. The rag pickers play highly significant role in maintaining clean and green city. However, due to the nature of their work, rag pickers are continuously exposed to health risks, children and women, in particular being more vulnerable. Incidence of Skin diseases, respiratory problems, Asthma, TB, are very common; besides common ailments like cough & cold, fever, dysentery and diarrhoea. Women's (Maternal) health is another recurrent issue often becoming serious.

The primary focus on empowering rag pickers- women and men- through livelihood enhancement - to improve their economic condition. The empowerment broad band includes

host of critical inputs such as making them aware of themselves, their rights, leadership development and inculcating a sense of exercising their rights. Providing basic curative treatment including maternal and child health (MCH) services and facilitating access to formal government health services outfit are important component of the present intervention. It also lays great emphasis on education and counselling on basic preventive and promotive home-based health care, care of new borne, low-cost nutrition.

## Non Formal Education and Remedial Education Centre

BVD is running 7 (one) non-formal education (NFE) Centre and Formal education Centre's in the community area itself in Rangpuri pahadi(2), Masoodpur(1), Khanpur(2), Gurugram sector – 21(1). Tughlakabad 1 called "Asha ki Kiran Center". BVD has done a need assessment survey to find out that how many children are there in each family and how many among them are not going to school. Basis on the survey a plan has been made to enroll the out of school children in "Asha ki Kiran Center" by filing a learning level form. The objective of NFE Centres is not only to engage children in education but also prepare them academically so that they able to get enrolled in appropriate class in formal government / private schools so that their journey of education remains continue. Besides regular teaching, nutritional feeding, indoor and outdoor Games etc. are part of early childhood education and development activities under NFE. There are several activities conducted under this project. BVD has taken admission of 50 children, 25 children come to the NFE centre in the morning and the time is 9:30 am to 12:30 pm and children come to REMEDIAL centre after school and time is 2:30 pm to 5:00 pm. The age group of children is between 5 to 12 out of school children 8 to 12 are for school-going children. In this Centre there are several activities have been conducted like painting competition, Yoga Day celebration, Independence Day and Republic day celebration etc.



- BVD running 10 centers in slum areas of Delhi NCR.
- BVD provided trainings and non-formal education to approx.2000 children of rag pickers families.
- Running OPD services in Health centres. Free of cost medication and Primary health care provided to almost 1500 people every year.

## Health Clinic and OPD Services

OPD services and health care facilities centre for the community people running in Rangpuri Pahadi Area. Health has always been one of the core issues. Safe motherhood and childcare are the objectives of healthcare in BVD. Most of the patients have diseases like Diarrhoea,

Typhoid, cold, cough, back pain, Dengue, Joint pain, knee pain, scabies, Hypertension, Diabetes, and ANC [Antenatal check-up]. Along with this Covid-19 pandemic, lockdown and post corona effects on health also occurs. Total 1278 people have taken advice and medicines from the doctor. Women also engage in rag picking act while at the same time they have to wear load of maternity, child care besides usual chores of home management. All these responsibilities along with lack of awareness, knowledge about preventive and promotive health care practices make them most vulnerable.



BVD has been able to establish and successfully run the “**Arogya Health Clinic**” at Rangpuri Pahari wherein MCH OPD services are provided by a qualified (MBBS) and experienced Gynecologist at cheaper rates.

OPD services running for (Tuesday, Thursday, Friday), 3 hours (10 am – 1:00 pm) by Female doctor Appointed for Three days a week. Once every month Services provided at the door step with personalized counselling.

### Access to Justice – Raid and Rescue of Child Labour/ Trafficking

BVD is working for the betterment of children involved in labour work as well as has been work as a bonded laborer since 1993. The Founder and President of Bal Vikas Dhara Mr Debendra Kumar Baral working for those children and bonded laborers a long before the existence of BVD. The foundation stone of Bal Vikas Dhara had been layed down for the purpose of working for those needy people in an organized manner. Mr. Baral had been working with Honorable Mr. Kailash Satyarthi; Nobel Peace Prize Laureate and collaborate with him to work for those children in 1981. The project Access to Justice has got the funding from KSCF US to work for those children and rescue them from those who trafficked them in Delhi NCR and rehabilitate them for a better future. In the first instance when this project started in January 2022 it was very difficult to work with government officials but through continuous networking with the police officials and spreading awareness about ‘The Juvenile Justice (Need of Care and Protection) Act, 2015’ in which it is clearly mentioned that the person below 18 years of age is not permissible to work in any hazardous or non-hazardous occupation and also sensitizing them towards the condition of children





working in an extremely exploitative environment made them realize that it is their duty to rescue and save the childhood.



Regular trainings, identification of areas and children involved in child labour, networking with the police officials and government agencies, local stakeholders and preparing the strategies to conduct rescue operations thereof. This is a continue project from January 2022 and according to the proposed activities in the project the raid and rescue of children should be started from April but due to active and responsible behaviour of the BVD team till April 46 children already been rescued. Now the process of issuing of Release certificate and recovery of back wages, Immediate support, sealing of premises, registration of FIR and arrest of traffickers/ employers started.

### Relief Material Distribution

**With support of Dabur India Ltd we have organized an event Where toothpaste, Coconut oil, Glucose, Odonil, Desi Ghee, juice, coconut water etc. have been distributed among the waste pickers and the areas covered were Rangpuri pahadi, Dharmkanta, Ruchi vihar, Bengali basti, Nalapar, Kabadi basti, Tara chand colony, Shankar camp, Israil camp, kishan garh & Jai hind camp Masood Pur.**



## Waste Management and Community Health Awareness

As waste contains many hazardous chemicals, these must not be burnt as it completely pollutes air which causes (likely to cause) many serious diseases i.e., respiratory diseases, TB, allergy, Cancer to human being. The best practice is to segregate the waste as wet & dry waste. Dry waste can be used for recycle & wet waste can be used for compost. BVD has conducted lot of sensitizing camps and workshops for the rag pickers to spread awareness about waste management and how to reduce the risk from the diseases occurs from waste.



Providing basic curative treatment with focus on maternal and child health (MCH) services and facilitating access to formal government health services outfit are important component of the present intervention. This is to contain/reduce morbidity- a frequent phenomenon among labor class which, among other things, also causes **loss in daily wage earning**; and also reducing morbidity among children and mortality (due to common ailments).

It also lays great emphasis on education and counselling on basic **preventive and Promotive** home-based health care, care of new born, low-cost nutrition.

Our team visited people house and interacted with each person of the community face to face and told them for sorting more tetra Pak. This meeting was held among rag pickers, who are collecting Tetra Pak cartoons and others also. Besides, this is told to everyone that all of your garbage picking companions and warehouse workers that there is a chance to increase your income by sorting empty boxes of tetra Pak and separate them properly and tell them the benefit of collecting tetra Pak the empty boxes.

## Creating a National Alliance for Domestic Workers

Bal Vikas Dhara have made a group for the upliftment of domestic workers with the name of 'National Association for Domestic Workers' in 2020. According to the group objectives, this group is working in 4 states (Delhi, Karnataka, Maharashtra and Rajasthan) with regional organizations. Each of the 4-alliance union (Domestic Workers Rights Union; Karnataka; LEARN Mahila Kamgaar Sanghatana, Maharashtra; Rajasthan Mahila Kamgaar Union), Rajasthan; and Domestic Women Workers' Union (Gharelu Kaamkaji Mahila Union, Delhi) organised a national-level campaign to raise fundamental demands for recognition and dignity of 'domestic work' so that domestic workers can lead a dignified life. This campaign took off simultaneously in three states, Rajasthan, Karnataka, and Delhi, on 10 May and ended on 16



June, celebrated as International Domestic Workers Day. In the first phase of the campaign, the members of the unions from the three states posted 8000 postcards addressed to the Labour Minister and the Chief Minister of their respective states, highlighting their following demands:

- Domestic workers should be registered with the Labour board.
- The labour board should issue an identity card
- There should be a comprehensive law for domestic workers, and a board of domestic workers should be formed
- Domestic workers should get social security
- ILO Convention C-189 should be ratified



Rajasthan signed five thousand, Karnataka, two thousand, Delhi got one thousand signed postcards and Maharashtra could not participate. The campaign ended on June 16 on International Domestic workers day and 1400 domestic workers participated altogether in four states. The unions also submitted their memorandum to the labour commissioners. This campaign also received attention from the media and press which helped in gaining public and the government attention.

Various programmes of NADW like Post card campaign and pamphlet distribution campaign took place under the supervision of the leaders of the Executive Committee supported by the Core committee members and the activists of the project.

Core Committee Meetings have taken place since April 2022 to March 2023 virtually every month, one Core committee meeting took place physically, minutes are prepared and maintained. The Core Committee meetings monitored, reviewed, and discussed upcoming programmes like community meetings, workshops, training of trainers, government office visits, along with their logistical details, locations, date and time. In Core Committee Meetings and Executive committee meeting information about the latest government schemes and policies for informal workers, rights of women, rights of domestic workers, information about ILO C-190, implications of the new labour codes on domestic workers and possible actions in cases of sexual harassment at workplace was discussed.

## Skill Development Centres

### Cutting and Tailoring Centre

BVD has trained women of slum areas in sewing and tailoring work. Many women have started their own small shops (self-employment) or working somewhere. However, there are many trained women who want to become self-employed and want to earn money to run their family but are unable to start their own tailoring work because they don't have such amount of money for procuring the sewing machines. **Bal Vikas Dhara have distributed 20 sewing machines to such trained women.** Now some of them are earning good amount of money through self-work or by doing job in a boutique. We are running cutting tailoring center for women. Along with teaching sewing, attention is also being given on their health. We called them at the center in 2 shifts daily.

### SMART Centres



**BVD-SMART Center** was established in Oct 2016 to provide industry oriented high quality vocational education to youth from marginalized and vulnerable sections of the society. The duration of training period is for 3 months. There are several programs running in the centre but the most popular program of the academy are, **CRS (Retail) and Data management.** Apart from the chosen vocational skill training; all students are getting training in basic computer application, English language and personality development. Currently, the SMART center is running in Samalka, New Delhi-37 under the banner of Tech Mahindra Foundation.

Bal Vikas Dhara has successfully trained 200 candidates and also placed 192 candidates in different retail stores and industries.

By conducting mobilization activities BVD have mobilized 918 candidates from our different communities/areas. Such as Kapashera, Rajokri, Smalka, Bijwasan, Bharghal, Dundahera etc. The mobilization activities have been done through Door to Door campaigning, pamphlet distribution and FGDs in the communities.

Bags distribution, Mock Interviews, Placement drives and interaction with the industry people are the main activities in the centre which are successfully running from last 5 years with the support of Tech Mahindra Foundation.





## Milestones and Accomplishments

- 15 thousand direct beneficiaries taking the benefit of Free Health Camps and OPD centres.
- BVD provides nutritional food to the children in Asha ki Kiran Centres under safe care so that they get to eat something nutritious *at least once in a day* free of cost in the Centre. BVD provides them good Quality Nutrition like Dry and Seasonal Fruits on Daily Basis to a minimum 350 children in NFE centre.
- Health camps are the best place for rapport-building with community members. People took the opportunity for taking advice from a qualified doctor, Free check-ups and awareness regarding precautionary measures for water, sanitation, hygiene and covid-19. They have taken medicines which were free of cost. Total 670 community people got benefitted from these health camps.
- Relief material distribution which consists basic needs and daily use material required for a household has been distributed among the community members with the support of Dabur India Ltd. Total 14110 have taken the benefit of this relief material.
- Also, from the month of April till December, total 269 children have been rescued in 23 raids which were conducted in Delhi, Gurugram and in Jaipur district. Total 24 FIR has been filed against the traffickers and due to constant follow-up with the police and administration BVD team has compelled them to arrest the traffickers which resulted 123 traffickers have been arrested and total 47 premises of employers have sealed which helped to recover the back wages of children. The hard work and networking with the government officials helped the team to recover backwages and we have managed to recover 36, 92,040/- Rupees of children which have successfully handed over to them or their families which ultimately help them to fulfil their basic needs and also prevent re-trafficking of children. Also, 80 children received release certificates which will help them to link with the welfare schemes and they will get immediate support and compensation from the government.

## Challenges Faced

- Also, given the socio-economic and environmental conditions in which children of rag pickers take birth, the risk and incidence of neo-natal and pre-natal jaundice and morality, respiratory problem, acute diarrhea etc. is very high which calls for expert medical care and many a time, facilitating admission into some bigger hospital (government) which needs fund to meet such emergency expenses. This poses great challenge as the project does not have any such provisions.
- Networking with the Government officials and their unavailability (Non-Cooperation) for meeting with the team.
- Lack of documents at the beneficiaries end delays the process of rehabilitation and taking the benefit of welfare schemes.
- Non-seriousness of beneficiaries and losing the release certificates and orders of SDM and CWC that lead to delay in daily process.

- Mafia syndicate and local goon's involvement in trafficking of children which lead to increase the risk of team workers.
- Non-Cooperation of police officials and leaking of information just before the rescue operation.
- Transfer of government officials which creates a hinderance and lot of hard work to again built rapport with new officer.
- Remote locations and tracing of address in challenging situations.
- Delay in the disbursement of rehabilitation packages could be a risk as this might lead to re-trafficking of rescued children.

## Biggest Highlight of the Year



A Nation-wide Campaign were launched by Noble Peace Laureate Mr. Kailash Satyarthi on Child Marriage Free India. On 16<sup>th</sup> of October 2022, BVD organised events as a part of this campaign at various location of South, South-West, South-East, East, North-west districts of Delhi and Gurugram. Approx. 8000 people have participated in these events in which majority of women have participated including men and children also. These events have been organized by BVD team in collaboration with KSCF US at various locations i.e. Shiv Park (Khanpur), Jawahar Park (Khanpur), Masoodpur Dairy, Dalit Ekta Camp, Jai Hind Camp, Shankar Camp, Masjid Camp, Ruchi Vihar, Tara Chand Colony, Dharamkaanta and Udyog Vihar (Gurugram). The main event was happened at Community Centre of Kusumpur Pahadi area, Delhi where approx. 1000 people were present at the event. Mr. Amod Kanth (Retd DCP, Delhi), Founder and General Secretary of Prayas, JAC, Society, Smt. Rajni Sekhri Sibal (IAS Retd.), CEO, Kailash Satyarthi Children's Foundation, Mr. Bhuwan Ribhu, Kailash Satyarthi Children Foundation were also present as Special Guest of Honour. Our Chief Guest addressed the audience with their enlightened words and also shares the consequences of early marriage on children's mental and physical health specially girl child. The Campaign started with lit up the diyas followed by candle march to symbolise our intention to stop and eradicate this evil practice.

Majority of women who have attended the event were domestic workers and ragpickers. Women also shared their experience of getting married in their early ages and how it effect their physical and mental health. They took the pledge that they will not marry their children in early ages and will fight against it to not let that happen.





| Registration Data, Bank Details and Support Partners.                                                                                                                                                                                                                              |                                           |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|
| <b>Society Registration Act -</b>                                                                                                                                                                                                                                                  | S-25787 OF 21 <sup>st</sup> December 1993 |
| <b>FCRA , 80G, 12A, PAN, TAN , Niti Ayog, CSR certificate, PF etc. registration - Yes</b>                                                                                                                                                                                          |                                           |
| <b>Contact Person ;-</b> Mr.Debendra Kumar Baral, Founder-President, Mobile no: 9811507172<br><a href="mailto:bvd.debendra@gmail.com">bvd.debendra@gmail.com</a> bvd-childhelp@yahoo.com                                                                                           |                                           |
| <b>FCRA Account:-</b> SBI Main Branch, New Delhi. Saving Account no .40084055250, Branch code 00691.<br><b>IFSC:-</b> SBIN0000691. <b>SWIFT:-</b> SBININBB104                                                                                                                      |                                           |
| <b>Local Account for CSR :-</b> UCO Bank, Subzimandi, Ghantaghar, Delhi. Saving Account No:00570100004030.<br><b>IFSC :</b> UCBA0000057.                                                                                                                                           |                                           |
| <b>Current Support Partners :-</b> (1)Arushi charitable trust. (2)Delhi State Aids Control Society, ( 3) FNV Mondial, (4)Tetrapack India Pvt. Ltd., (5) Tech Mahindra Foundation,( 6) Children's India,(7) Kailash Satyarthi Children's Foundation, (8)WIEGO, (9) Dabur India Ltd, |                                           |
| <b>Covide 19 Support partners:-</b> Tetrapack India PVT LTD, Zomato Feeding India, Hotel Pullman/Novtell, World Mart, Dabur India LTD, Some Ex Students , children's India, Individuals etc.                                                                                       |                                           |
| <b>Addres:- Main Project office :-</b> Bal Vikas Dhara, Khasara no. 822, Near Friday Market, Tarachand Colony, Mahipalpur, New Delhi.110037.<br><b>Registered office :-</b> B,118.Nanhepark,Uttam Nagar, New Delhi.110059.                                                         |                                           |

